

# PRESS RELEASE

FOR IMMEDIATE RELEASE  
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## **Trainer of the Year Award for John Armstrong of On Track.**

John Armstrong today received the Institute of Leadership & Management (ILM) Trainer of the Year Award at an awards ceremony at Fife College in Kirkcaldy. Rewarding Excellence in People Development, the ILM awards for Personal and Organisational Achievement acknowledge training best practice in the UK.

The award of ILM Trainer of the Year is recognition of the work John Armstrong of On Track Training & Coaching has done with client Fishers Services Limited, the textile services company that employs 540 people across four sites in Perthshire and Fife. John designed and delivered a twin track approach which developed team leaders through the ILM Introductory Certificate in Team Leading and at the same time supported line managers in their ability to coach team leaders.

31 team leaders successfully completed the ILM qualification and both individual and organisational benefits quickly followed with General Manager at Fishers Cupar plant, Michael Jones commenting, "The development of team leaders undoubtedly provided the foundation upon which substantial change was introduced to the site". Change included a 20 per cent improvement in productivity and a 10 per cent improvement in throughput. Jimmy Downey, the Plant Manager and coach for the team leaders in Perth noted that, "You can't put into words what the team leaders have done in the past eight months!"

John Armstrong was accompanied by management and team leaders from Fishers Services at the ceremony and on receiving the award commented, "It is a particular honour to be the first ever

recipient of the ILM Trainer of the Year award. My passion for Training and Coaching has only intensified in the 10 years since On Track was established and whilst it can be challenging it is also very rewarding to play my part in helping individuals and organisations to develop.”

## ENDS

**On Track Training and Coaching** ( [www.ontracktosuccess.co.uk](http://www.ontracktosuccess.co.uk)) was established in 1995 by John Armstrong and became an ILM accredited centre in 2001. Based in Renfrewshire to the west of Glasgow, On Track works all over the country with an emphasis on leadership training, coaching, facilitation and workplace people skills. Clients include Whyte & Mackay, Glasgow City Council, Barr Construction, Priory Healthcare and The Cairngorms National Park.

**Institute of Leadership & Management (ILM)** is part of the City & Guilds Group, represents a strategic initiative to support excellence in leadership and management. ILM has a network of 2000 accredited centres in the UK and internationally which are a combination of private trainers, colleges, universities and companies running in-house training programmes. These centres are specialists in delivering our range of programmes for existing and aspiring team leaders and managers. ILM's extensive support network of regional/national managers and external verifiers ensures that centres, candidates and members receive a high level of ongoing support and advice.

**The ILM awards** ceremony at Fife College was the very first annual awards ceremony and will be followed on 6<sup>th</sup> July by a similar ceremony to be held in Bracknell, Berkshire for award winners based in England. Entitled Awards for Personal and Organisational Achievement, the awards offer those taking part a benchmark in personal development and national recognition to organisations who invest in the development of people. The awards will also acknowledge training best practice and offer ILM accredited centres the opportunity to participate in a national awards programme.

For this year's awards entries were received in seven categories which include Personal Achievement Awards at level two, three, four and five; Achievement Through People Award; ILM International Student of the Year; ILM Employer Award; ILM Centre of Excellence Award; ILM Trainer of the Year Award and ILM External Verifier Award.

For more information contact ILM:

[www.i-l-m.com](http://www.i-l-m.com)

Photograph of John Armstrong receiving the award available on request

### Media Enquiries

Mark Henderson

Tel: **08707 607088**

Email: [mark@mphmarketing.co.uk](mailto:mark@mphmarketing.co.uk)